



The contrary of a truth can never be demonstrated - Thomas Aquinas

Confident Christians

Absolute Proof for God – in 30 Seconds or Less

Did you know that it is possible to absolutely, positively prove the existence of God beyond a reasonable doubt in 30 seconds or less? No, I am not making this up or exaggerating. Despite the claims of skeptics, atheists, and agnostics, there is a bullet-proof method for proving the existence of a supernatural Creator who created everything *ex nihilo* (that is, “out of nothing”) that cannot be logically refuted. Ready? Start your stopwatch and read through the following:

- I exist.
- If I exist, then something must have always existed because something doesn't come from nothing.
- There are only two possible sources of eternal existence:
 1. An eternal universe, or
 2. An eternal Creator.
- Modern science has ruled out the possibility of an eternal universe.
- Since an eternal universe is not possible, God exists.

That's it. Philosophically sound, logically reasonable, and undefeatable. Now I'll admit that this may sound a tad boastful, so let's work through the various points and see why this 30-second proof for God stands up so well.

You Can't Deny Existence

Agnosticism is a belief that claims you cannot know for certain that God exists, and many go so far to say that you can't know anything about anything. But some things are absolutely certain. For example, I exist. To deny that I exist is self-defeating because I have to exist to deny that I exist. Get it? Makes your head swim a little doesn't it? But you get the point. Trying to deny your own existence is just self-defeating so there's no reason to try.

And this is why agnosticism is self defeating. Agnosticism claims you can't know something, but it claims to know at least one thing: that you can't know anything. Funny isn't it? The agnostic hangs himself by his own claim.

Something from Nothing? Never!

Do you know what the best definition of nothing is? Aristotle penned it – nothing is “what rocks dream about”. And “what rocks dream about” certainly has no ability to



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create something. It's a fact so simple that any child can understand it. You can't get something from nothing – it's absolutely impossible. And since you and I are here (something), then it stands to reason that something must have always existed to bring our existence into being. And this "something" has to be eternal – unmade. So what could it be?

An Eternal Universe? Apparently Not.

This is only premise that could possibly be attacked by the skeptic or atheist. Therefore, we need to take some time and carefully work through it.

G.K Chesterton once said that "Behind every double standard lies a single hidden agenda." Atheists and agnostics often make fun of Christians for claiming that an unmade, eternal Creator exists. How could such a thing be, they chortle? But then they turn right around and say mankind is alive and well because of blind forces that came from a universe that "has always been there". Interesting. So they claim an unmade eternal universe can exist, but not an unmade and eternal Creator?

Because something can't come from nothing, you have only two possible solutions for why we're here – why we have something rather than nothing at all. Either the atheists and evolutionists are right and we have an eternal universe or those who believe that an eternal God exists are right (now to be fair, there are those who argue that the universe is eternal because it's God Himself, but that doesn't come into play here since we're talking about those who say God doesn't exist). Which way does the evidence point?

Much to the dismay of those who want to disprove God, the facts strongly point away from an eternal universe. And if that's true, then keep these points in mind:

- Everything that has a beginning has a cause
- The universe had a beginning
- Therefore, the universe had a cause

Let me give you five reasons why the universe isn't eternal. These are taken from Norman Geisler's excellent book *I Don't Have Enough Faith to be an Atheist*.

First, Proof Point 1: The universe is running down. And something that is running down must have started at some point. The 2nd law of thermodynamics states that the universe is running out of usable energy and if you doubt this, look in the mirror (you're aging and running down just like everything else).

Next, Proof Point 2: The universe is expanding. This was confirmed through the Hubble telescope many years ago, and it's interesting to note that it's expanding from a single



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point, meaning you could contract the entire universe back into a single point and then into nothing. Also note that the universe is not expanding into space, but space *itself* is expanding. The birth of the universe is commonly called the “Big Bang” – first there was nothing, then BANG – something came into being.

Now onto Proof Point 3: The radiation echo. This discovered by Bell Labs scientists Penzias and Wilson back in 1965. What is it? It is the heat afterglow from the Big Bang and it actually won Penzias & Wilson the Nobel Prize. Its discovery deals a death blow to any theory of the universe being in a steady state because it shows that the universe instead exploded out of nothing.

Next is Proof Point 4: Galaxy Seeds. If the Big Bang was true, then scientists believed that temperature “ripples” should exist out in space and it would be these ripples that would be the enabler for matter to collect into galaxies. To discover whether this was true, the Cosmic Background Explorer – COBE – was launched in 1989 to find them, with the findings being released in 1992. What COBE found was perfect/precise ripples found that, sure enough, enable galaxies to form. So critical and spectacular was this finding that Georg Smoot, the NASA lead for COBE, said “If you’re religious, it’s like looking at God.”

And finally is Proof Point 5: Remember good old $E=MC^2$ from your science class? Albert Einstein’s theory of relativity? Mr. Einstein didn’t like what he had discovered because it meant that the universe had a beginning and was not eternal as he’d believed. Instead of being self-existent, his theory proved that the universe is not a cause, but instead one big effect. Something brought it into existence. Einstein disliked his end result so much that he introduced a ‘fudge factor’ into his theory that allowed it to leave room for an eternal universe. So much for science not being affected by non-scientific feelings.

But there was only one problem. His fudge factor required a division by zero in his calculations – a mathematical error any good math student knows not to make. When discovered by other mathematicians, Einstein admitted his error calling it “the greatest blunder of my life.” After his acknowledgment, and upon confirming further research that showed the universe expanding just as his theory of relativity predicted, Einstein bowed to the fact that the universe is not eternal and said that he wanted, “to know how God created the world.”

God – the Only Answer

With modern science ruling out an eternal universe, the only other possibility in terms of an unmade, forever existing cause for our existence is God. In just stands to reason that everything that begins to exist must have a cause. Think of it like this:



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- Everything that begins to exist must have a cause
- I, along with the universe, began to exist
- Therefore I and the universe must have had a cause

The conclusion is completely logical and beyond reasonable and rational objection. The skeptic, the agnostic, the atheist – they can choose to ignore the facts, but it's just that – a choice. There is a big difference, as Ravi Zacharias has said, between what is known and what is believed. The human heart is skilled beyond comprehension for rejecting what the mind comprehends to be valid and true.

What about You?

Thirty seconds is all we need to work through the possibilities and reach the logical conclusion that God exists. But what about you? Do you sometimes doubt that God is real? Does the existence of evil in the world or other doubts sometimes enter into your mind and heart and cause you to question whether or not that God could actually be? If so, welcome to being normal. When doubts or questions come, remember these few things.

First, remember what we just worked through. God is the only logical possibility for why we have something (you, me, the universe) rather than nothing at all. No other logical conclusion can be had. That's the great thing about God – he gets to your heart through your mind, despite what critics may say.

Second, realize answers for your questions and your doubts are available. They can be simple – like the explanation to a Bible passage you don't understand – to complex, such as how evil can exist alongside an all-powerful and good God in this world. It might take a while to find and work through them, but they're there. Remember that a scientist doesn't throw out science when they come upon some anomaly that they can't instantly explain. Instead, they keep searching for an explanation using what they know is true as a foundation that leads them to the truth. You do the same thing when it comes to God.

Thirty seconds. It can change a life. Forever.