



The contrary of a truth can never be demonstrated - Thomas Aquinas

Confident Christians

A 30 Second Proof for God

5 Simple, Quick, and Reasonable Steps to Prove God Exists

Step 1 – I Exist

- Some have tried, but in the end, you can't deny your own existence.
- You have to exist to deny your existence.
- That being the case, it's a self-defeating exercise to try
- Therefore, you exist.

Step 1 is confirmed – you exist.

Step 2 – If I Exist, Something must have always Existed

- Even skeptics admit that 'something' can't come from nothing.
- What is 'nothing'? Aristotle said nothing is 'what rocks dream about'.
- Skeptic David Hume said, "I never asserted so absurd a proposition as that anything might arise without a cause."

Step 2 is confirmed – something doesn't come from nothing. Everything that begins must have a cause.

Step 3 – Only Two Sources of Eternal Existence are Possible

1. An eternal universe.
2. An eternal creator.

Step 3 is confirmed – no other options of eternal existence are possible.

Step 4 – Science has Proven that the Universe had a Beginning

- Whatever has a beginning has a cause.
- If the universe had a beginning, then the universe had a cause and is not eternal.
- Scientific evidence for the universe's beginning comes from the 2nd law of thermodynamics, the expanding universe, the Big Bang's radiation echo (discovered in 1965), and Einstein's theory of relativity, which proves the universe had a beginning

Step 4 is confirmed – the universe is not eternal.

Step 5 – God Exists

- Since an eternal universe is ruled out as a possible reason why we have something (you, me, the earth, etc.) rather than nothing at all, then the only other option available is an eternal creator.

Step 5 naturally flows from the conclusions reached in Steps 1-4: God exists.

- This conclusion tells us a little about what God is like – including:
 1. He must be incredibly powerful. To create all that is known from absolutely nothing implies that God is an amazingly capable being.
 2. He must be incredibly intelligent. To design the amazing intricacies of life and the natural laws of the universe implies that God is a supremely intelligent being.

Make sense? If I exist (and it's futile to try and disprove my own existence), then it's rational to understand that something must have always existed because something doesn't come from nothing. And if our only two choices for an eternal cause for our existence are an eternal universe or an eternal creator (and they are), and if science has shown that our universe is not eternal (and it has), then an eternal Creator is our only other option. And that would be God.